Worksheet Directions:

Using the resources provided within the interactive case study answer the questions below; save this worksheet as a word document and submit it in blackboard as an assignment. Within discussion board create a post of what you believe the patient’s diagnosis is and what you would propose as the best plan of treatment. Please refer to the rubric for detailed information about how this task will be assessed.

1. Based on Trevor’s plotted growth (on a pediatric growth chart), state your reason for concern about his growth pattern.
2. Based on Trevor’s dietary assessment (i.e., 24-hour diet recall), identify 3 problem nutrients and your recommendation for improving Trevor’s dietary intake of *each* nutrient.
   1. Nutrient:

Recommendation:

* 1. Nutrient:

Recommendation:

* 1. Nutrient:

Recommendation:

1. In addition to serving healthy foods, discuss 2 ways in which Trevor’s parents can encourage healthy eating habits for their toddler.